

# THE SECRET AND THE LAW OF ATTRACTION *ADDRESSING THE BACKLASH*

*by Connie Domino*

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Well, it finally happened today -- March 11, 2007. I have been teaching Law of Attraction workshops and providing coaching for five and a-half years without ever hearing a disparaging word. Now, I know that's quite a record, but it was one I enjoyed. Then lo and behold, our guest speaker at church today provided the first negative assessment of the Law of Attraction I have heard. Several people stopped me afterwards and asked for my response. They said there have also been some negative musings in the media recently.

To give you some background, let's say, the speaker was less than enthusiastic about the Law of Attraction because of the DVD *The Secret*. My understanding is that he believes the Law of Attraction is about "being nice to a fault and seeking material wealth and comforts." Actually, to say he was "less than enthusiastic" is an understatement. This is my response based on what I believe. It is several pages, but I feel it is well worth the read. It is my hope it will continue a discussion about the Law of Attraction, and I welcome it. It is written for a spiritual audience, because they asked for my assessment. It is in their language. However, anyone (regardless of their belief system) can benefit from this article.

Many wonderful things have happened since I began my Law of Attraction workshops in 2001 and first published *Develop Irresistible Attraction* in 2004. My goal was also to take this wonderful message to the masses. Manifestation is a funny thing. Now, with the popularity of *The Secret*, that is exactly what is happening. *The Secret* explains "What" the Law of Attraction is about, and my book and workshop teaches people "How To" use it for very quick results. Even though none of the speakers on *The Secret* were my teachers regarding the Law of Attraction, I find it interesting how this material is being given to so many in order to reach the masses at this time in our history.

When an idea hits the masses, even when it's been around for a while, discussion happens. This is a very good thing. It forces those of us speaking the message to clarify and better articulate our thoughts. I would like to thank our speaker today for providing the opportunity for this dialog. The place of prosperity in a Christian's life has always been a hot topic for as long as I can remember. People want to know whether Jesus was poor and whether money really is the root of all evil. People also want to know if it's OK for Christians to desire material wealth. People of other faiths have struggled with these same questions.

It's not surprising that Unity ministers have most shaped my thinking regarding the answer to these questions. Several years ago our choir director, Randy, met a wonderful

Unity minister named Sky St. John and arranged an invitation for him to speak at our church. The talk Sky gave really pulled it all together for me and clarified the idea that we are always manifesting regardless of our spiritual development. Master teachers, avatars and sages are also manifesting and prosperous. I have used the framework provided by Sky St. John to explain this process.

Simply stated, there are three spiritual developmental stages people can experience. These are the “*To Me, Through Me, and Just Be,*” stages. My work with the Law of Attraction takes the masses from the, “Things are Happening *To Me*” stage, to the “Things are Happening *Through Me*” stage.

In the “To Me” stage, people feel they have very little power over their life. They feel they are a “victim” to circumstances. If bad things happen to them, they are having a “run of bad luck”, or if they're miserable, it must be “God’s will.” Sometimes they blame others such as their spouse, children, boss, society, or even God for their problems. Others may hate themselves. In the “To Me” stage, many believe there is “not enough” abundance in the universe, and they must get their share, before someone else steals their chance. It’s a dog eat dog world, and life’s not fair; then you die.

Unfortunately, many of the citizens in the world live in the “To Me” stage. Therefore, you can imagine when someone presents a message of hope, like that offered by the Law of Attraction, the masses become excited. It sounds like “old hat” to us who have been studying positive spiritual principles for years, but it can be music to the ears of those who haven’t. The Law of Attraction takes those willing to learn and practice it, from the “To Me” stage of spiritual development to the “Through Me” stage.

When people realize life events are happening “through them,” not “to them,” they understand they have created their own reality and can take responsibility for it. They lose their “victim mentality.” It is also at this stage, people learn they have the power within them to manifest abundance in their lives. They become as excited as children with their newly discovered abilities, and are eager to manifest their goals and dreams. This is the practice they need to prove universal laws exist and can be tapped by those who recognize them. Once they come to the understanding they have control over their life and circumstances by abiding by positive spiritual principles and universal laws, they are not so frightened anymore. At this point, they can begin to envision a world where people can best obtain success and happiness by assisting others to do the same.

Once a critical mass of people has entered the “*Through Me*” stage of spiritual development, I believe the whole world will change. They will now realize, “there is enough and more than enough” for everyone. There will be no need for violence and war because they will realize “there is enough abundance” for everyone and the “well never runs dry.” They will realize their goals and dreams through their own creative process making it unnecessary to obtain what they want by forcefully taking from other people, or stripping nature bare before “time runs out.” Living by the principle “there is more than enough,” will allow them to relax, and come to a place of peace and harmony with themselves, others and nature.

Many people will choose to remain in the “Through Me” stage, and that’s OK. World peace can actually be accomplished if enough people reach this place of understanding. Believe it or not, we don’t have to all be in the “Just Be” stage of the master teacher for the world to live as one.

However, those who so choose, can proceed to the, “It’s Enough to *Just Be*” stage. This is the stage of the master teacher. It is also the stage our speaker at Church today was so excited about. It’s a wonderful place of spiritual development, but can easily be misunderstood. Some people believe it’s the only stage of worth, and those who reach it have “given up” worldly comforts to live an ascetic lifestyle. In actuality, those who *fully* enter this stage can literally manifest everything they need and desire as they go along. They no longer have the need to manifest a great amount of “stuff.” They already know (and many have proven) they can do that if they so choose. They realize by this time, they desire more simple, natural and spiritual comforts more than anything else. They place a premium on remaining in balance with nature and all that surrounds them. In September of 2004, my minister, Neusom, gave a talk about a man who proved this principal. Jeff Sawyer from Asheville, NC hiked 3,500 miles over several years with only the clothes on his back and a piece of tarp for sleeping. He manifested his needs as he traveled. If people gave him money, he gave it away at the end of the day. By creating a sincere vacuum, his well never ran dry. By the end of the trip, he still had \$600.00 in his pocket.

Jesus and other master teachers lived their life in the “Just Be” stage. This does not mean they were poor. They literally manifested everything they needed and desired daily. They always had the food, shelter and clothing when they wanted it. Today’s speaker believed that most master teachers wore rags. Jesus did not wear “rags.” His cloak was so nice, at his execution; Roman soldiers threw dice for it. A friend purchased a nice tomb where the body of Jesus was laid. When food or wine was needed by his friends, he manifested it. Mohammad had a wealthy wife which allowed him time for writing and meditation. I don’t know if Buddha really had a big belly, but if so, he enjoyed his meals. People in the “Just Be” stage generally don’t carry, want or need luggage, but they are constantly manifesting and are very prosperous.

As stated before, most Americans (and many other world citizens) are still very much in the “To Me” stage of existence. They believe they are victims of circumstance. They believe there is “not enough” and they must “get their fair share” before someone else steals it from them. This false belief system has led many people to truly lead, “quiet [and sometimes, not so quiet] lives of desperation.” It has led to wars, more wars and rumors of wars.

In order to truly change the world for the good of all, people must first experience for themselves their own positive spiritual power. They must have viable proof there are predictable, unchanging universal laws and principles they can tap to manifest good and abundance into their lives.

Due to centuries of negative training, most Americans and other world citizens must experience the “*Through Me*” stage before proceeding to the “*Just Be*” stage. Going from Point A to Point C, without experiencing Point B is a leap of faith too large for their comfort level. After proving these principles work at a personal level to better their own lives, they will have the assurance and confidence needed to share them with the rest of the world.

I hope this clarifies my position on the Law of Attraction, and I invite discussion from others. Please share this article with anyone you feel may benefit.

Warmest Blessings,

Connie Domino  
LOA Quantum Growth  
[cdomino22@aol.com](mailto:cdomino22@aol.com)  
(919) 783-8036  
[www.conniedomino.com](http://www.conniedomino.com)

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